

CHITKARA UNIVERSITY





At the Chitkara School of Psychology and Counselling, our Psychology and Counselling programs provide a hands-on approach to understanding human behaviour. Available at both Bachelor's and Master's levels, these programs combine practical experience with in-depth knowledge, giving you the skills and insights that employers across a wide range of industries value. Graduates enjoy flexible career options in diverse fields including clinical practice, corporate consulting, education, healthcare, and community support.

Scan this QR Code to get more information about our Psychology and Counselling Programs





#### Dr. ASHOK CHITKARA CHANCELLOR CHITKARA UNIVERSITY

Selecting a university program marks the beginning of an exciting journey in your life. It expands your opportunities as well as brings you life changing experiences.

Students from around the world are attracted to Chitkara University for several reasons. This includes our commitment to teaching excellence, research that makes a difference, industry partnerships and our tailored courses.

We are invested in the growth of every student and ensure they evolve into well rounded personalities, subject experts, creative thinkers and future-facing individuals - set to grapple with real world challenges and become changemakers of tomorrow.

We look forward to welcoming you as a part of the Chitkara University fraternity.

# STRONG ACADEMIC HERITAGE

#### Dr. MADHU CHITKARA PRO CHANCELLOR CHITKARA UNIVERSITY

Chitkara Education brings with it a reputation for excellence and innovation that has been earned through years of serving the career-needs of the student community.

Chitkara University is known and trusted by the best of employers for preparing graduates who have the knowledge and skills they need to succeed in their workplace.

There are many reasons for choosing Chitkara University. Our students go on to achieve successful careers. We teach in a hands-on and responsive manner. We provide a wonderful learning atmosphere and our research is world-class.

Our industry-relevant curriculum, global exposure, inclusive pedagogy, faculty mentoring and student resilience are all in sync. Our excellent placements bear testimony to all of this.



The learning environment at CHITKARA UNIVERSITY is a unique combination of illustrious faculty, brilliant & intellectual students and proactive industrial collaborations.





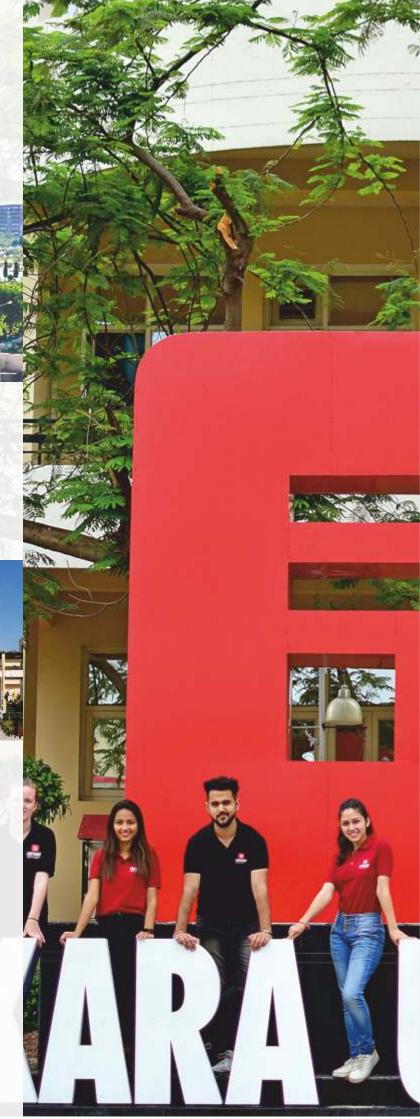
# CHITKARA UNIVERSITY PUNJAB

Chitkara University is a UGC recognised University with the right to confer degrees as per the Sections 2(f) and 22(1) of the UGC Act, 1956 and is established by the Punjab State Legislature under, "The Chitkara University Act".



#### CHITKARA UNIVERSITY HIMACHAL PRADESH

Chitkara University is a UGC recognised University with the right to confer degrees as per the Sections 2(f) and 22(1) of the UGC Act, 1956 and is established by the Himachal Pradesh State Legislature under "The Chitkara University Act".





# RECOGNISED FOR EXCELLENCE



Chitkara University has been awarded A+ rating by National Assessment and Accreditation council (NAAC) which places us among the Top 5% of Higher Education Institutions in India.



Our programs have been ranked among the Nation's Best in the 2024 NIRF Ranking, 11-50 in Innovation Category and 90 in University Category.



We are proud to be ranked among the **World's Best** in the **QS World University Rankings.** 



The University has achieved the

13th Rank in India and 401-600 Globally,
reflecting its comprehensive dedication to
advancing the Sustainable Development Goals.



Chitkara University Ranked 1st in The Country in Research Quality and Ranked 601-800 Globally.



Chitkara University achieves **Top Global Rankings in WURI 2024.** 



Year after year, Chitkara University has been ranked among the **Top 10 Universities** of the country for filing maximum patents.

Consistently ranked high by:























# EXPLORE YOUR POTENTIAL WITH CHITKARAU.

CHITKARA EDUCATION BRINGS WITH IT A REPUTATION FOR EXCELLENCE AND INNOVATION THAT HAS BEEN EARNED THROUGH YEARS OF SERVING THE CAREER-NEEDS OF THE STUDENT COMMUNITY.







#### STRONG ACADEMIC HERITAGE

Chitkara University has been established and managed by passionate academicians with the sole mission of making each and every student "industry-ready".

#### **BEST LOCATION**

With a high quality of living and vibrant student mix, Chandigarh, also known as City Beautiful, has rightfully earned its place as one of the safest and most livable cities in the country.

#### **TOP 20 RANKING**

Chitkara University has been consistently ranked among the top 20 Private Universities of the country.

#### **MODERN FACILITIES**

Chitkara University has made huge investments in developing student facilities and giving our students access to world-class labs, design studios, libraries, sporting and social facilities.

#### **LEADING INNOVATION**

Chitkara Innovation Incubator helps turn students' business ideas into reality. Student ventures with scalable, commercial potential are given access to high tech, a collaborative office space, and are paired with industry mentors to develop scalable business plans and market testable products and services.



Since inception, Chitkara University has had a path breaking recruitment record for graduates from various academic programs. Some of our prominent recruiters on campus are:





















































# THINGS WE'RE PROUD OF

THERE ARE SO MANY REASONS TO CHOOSE CHITKARA UNIVERSITY. HERE ARE A FEW REASONS WHY WE BELIEVE YOU'LL LOVE US AND BE PROUD TO JOIN US.

#### **STRONG ACADEMIC HERITAGE**



Chitkara University has been established and managed by passionate academicians with the sole mission of making each and every student "industry ready".



#### **TOP 20** RANKING



Chitkara University has been consistently ranked among the top 20 Private Universities of the country.

## **AMONG** THE BEST



Our programs are consistently ranked among the top 50 in the country.

#### WORLD-CLASS RESEARCH **EXCELLENCE**

With more than 200 patents and project funding from leading organisations such as DST and HP, our researchers, staff and students work across disciplines to extend the boundaries of knowledge. We are being recognised nationally for pioneering research in Nanotechnology, Mobile Learning, Robotics, Renewable Energy and Mechatronics.

#### TOP **SKILLS**



There is an intense focus on developing communication skills, team work and leadership for each and every student.

#### **LEARNING** BY DOING



Our curriculum is based on the framework of strategic competitiveness, which teaches the concepts of creativity, entrepreneurship, innovation, sustainability, leadership and incisive decision making.







#### **5 STARS**

All our institutions and academic programs are recognised and approved by UGC and various regulators such as NAAC | AICTE COA I NCHMCT LINC.

# CAMPUS PLACEMENTS

Chitkara University has established an unassailable reputation for strong on-campus recruitments. Our students have gained employment in diverse professional roles and areas across the world. From managing hotels to discovering new drugs to helping patients in hospitals to analysing the stock market, a Chitkara University degree can lead to varied and rewarding career paths.

# LEARN FROM +OTHE BEST

You'll work with some of the brightest and most inspiring academics, lecturers and researchers in the world.

#### MODERN FACILITIES



Chitkara University has made huge investments in developing student facilities - giving our students access to state-of-the-art labs, design studios, libraries, sporting and social facilities.

#### BEST LOCATION



With a high quality of living and vibrant student mix, Chandigarh, also known as City Beautiful, has rightfully earned its place in the 'Times 15 Best Asian Spots'.

#### MORE CEOs

Industry leaders from across sectors visit our campus and interact with our faculty as well as student community to groom them for future leadership roles.

# LEADING INNOVATION





# TRAVEL THE WORLD

At Chitkara University, we offer over 170 exchange destinations to consider.



We take great pride in looking after our students. We have zero tolerance to ragging.









# THE LARGEST CAMPUS BASED INCUBATOR IN NORTH INDIA

Chitkara Innovation Incubator Foundation (CIIF) is one of the largest Government supported incubators in North India with more than 200+ start-ups. It is designed to provide aspiring student entrepreneurs with the education, resources and funding to start and expand their own businesses. In line with the Government of India's initiative of Startup India (https://www.startupindia.gov.in/), CIIF empowers founders who are and will be solving some of the world's most pressing challenges through technology-based solutions.

#### Key facts:

- Startups incubated since inception: 270+
- Total valuation of the incubated startups: USD 46 million
- Total mentors: 81+
- Solutions commercialised: 79+
- Jobs created by startups: 2400+

- External funding raised by the startups: USD 3.4 million
- Total no. of Patents filed by Incubates: 470+
- Current Incubates: 79+
- Ecosystem Partnerships & collaborations: 59+
- Supported & approved by Department of Science & Technology, Govt. of India

#### **SUPPORTED BY**



































#### **ENTREPRENEURSHIP & INNOVATION SPECIALISATION**

Whether you already have an idea for a startup or are still brainstorming, Chitkara University's specialisation in Entrepreneurship and Innovation offers workshops to help you develop and refine your strategy before you jump into building an actual company. You can take part in Chitkara University's 'Launch Your Big Idea' program and gain the necessary training and resources to prepare your startup for success - plus a chance to pitch your idea and win seed funding. You can also connect with like-minded student entrepreneurs through events hosted by the Chitkara Innovation Incubator.

Chitkara University's Entrepreneurship programs for our Business graduates is designed to prepare future entrepreneurs with the skills and knowledge to start their own businesses. The specialisation will focus on identifying, analysing and evaluating global and local business opportunities, creating new independent business ventures or new ventures within existing firms; developing creativity and understanding innovation; environment assessment for new ventures; marketing research and developing effective business plans to obtain financing, legal issues related to starting and operating a family-owned business.

#### Major learnings from these programs will be:

- Be critical thinkers who are capable of identifying business opportunities by using cutting-edge analytical tools.
- Communicate clearly to develop and evaluate business plans and funding proposals.
- Apply relevant financial principles to assess start up capital needs, cash flow needed for growth, break-even analysis
  and pre- and post-funding.
- Effectively understand and implement a marketing plan for a new venture.

# GET MENTORED BY LEADING ENTREPRENEURS













# STUDENT LIFE HERE IS:



### **DYNAMIC**

More than 3,000 events offered each year through the Office of Student Affairs

### **DIVERSE**

One of the most diverse campuses in the country

### **INCLUSIVE**

More than 200 recognised student organisations







### **SAFE**

One of the safest University campuses offering a safe and healthy environment

### **ENGAGING**

More than 1000 educational and social programs organised for hostel students

### **ACTIVE**

More than **50** team and individual sport programs are offered throughout the academic year



Cross-disciplinary tutors are available more than **60** hours a week in the Center for Learning Resources

HOOMO



Chitkara School of Psychology and Counselling is dedicated to shaping professionals equipped to make meaningful contributions to society. Here, Psychology is presented as a scientific discipline that employs systematic inquiry methods to study and explain human behaviour, offering students a robust foundation in both theory and practical application. Our curriculum integrates scientific inquiry with real-world relevance, providing an immersive environment where students can explore the complexities of human behaviour, emotions, and cognitive processes, gaining valuable insights into the diverse psychological drivers behind actions.

Chitkara University's Psychology programs are designed for those who seek a thorough and in-depth understanding of Psychology, whether they are looking to build a career in counselling or apply psychological principles in other fields. One of our standout offerings are our specialised Psychology with Counselling programs, which are ideal for students aspiring to combine psychological knowledge with hands-on counselling skills. These programs offer a strong foundation in Psychology while providing pathways to acquire counselling qualifications, opening doors to impactful careers in fields such as mental health, social work, corporate counselling, and community services. Through a blend of rigorous academic study and experiential learning, students gain essential skills in empathy, communication, and problem-solving which are key competencies in today's increasingly complex social and professional landscapes.

Career opportunities for Psychology graduates are extensive and continually evolving, as the field grows in relevance across various domains. Psychology is increasingly recognised as an essential branch of the social sciences, particularly in roles that require a nuanced understanding of human behaviour and predictive insights.

Graduates of Chitkara School of Psychology and Counselling are highly valued across sectors including healthcare, education, corporates and social services, thanks to their expertise in behavioural analysis, systematic research, and data management.

Our commitment to academic excellence is underscored by state-of-the-art facilities and modern digital learning tools, which enhance both theoretical knowledge and hands-on experiences. Our students benefit from mentorship provided by an eminent faculty that includes industry practitioners, published authors, and distinguished PhD holders in Psychology. This accomplished team guides students through a meticulously crafted curriculum that reflects industry demands and support career-focused learning.

Our programs include a diverse selection of elective modules, allowing students to specialise in areas that align with their professional goals, from developmental Psychology to organisational behaviour. This structure equips graduates with the skills to address complex psychological needs in an increasingly dynamic world, paving the way for impactful careers and further academic growth in Psychology.



#### 3-YEAR

# **B.A.** in Psychology

WITH THE OPTION TO EXTEND YOUR PROGRAM BY ONE MORE YEAR TO OBTAIN AN HONOURS DEGREE.

The 3-Year B.A. in Psychology program at Chitkara School of Psychology and Counselling offers a well-rounded foundation in psychological theory, research, and practice. This comprehensive curriculum encompasses various subfields, including developmental, social, clinical, and organisational psychology, ensuring that students gain a broad perspective on the discipline.

Our 3-Year B.A. in Psychology program is characterised by rigorous coursework and practical exposure. Through the engaging coursework and hands-on experience, learners develop a robust understanding of human behaviour, thought processes, and emotional regulation, laying the groundwork for their future careers.

The program emphasises a scientific approach to psychology, training students to employ rigorous research methods to explore diverse psychological phenomena. Core modules such as Cognitive Psychology, Social Psychology, and Psychopathology are complemented by emerging areas like Positive Psychology and Cybersecurity Psychology, which reflect the evolving nature of the field. Additionally, students are introduced to various applied psychology fields, allowing them to specialise according to their individual career interests and aspirations.

Practical components are central to this program, integrating lab work, internships, and research projects that deepen hands-on skills. A notable feature is the 450-hour internship requirement, which provides valuable real-world exposure in clinical, educational, or corporate settings. This experience not only reinforces theoretical knowledge but also significantly enhances employability upon graduation.

Graduates of the B.A. in Psychology at Chitkara School of Psychology and Counselling can look forward to a variety of career opportunities. Common paths include roles in counselling, mental health support, and human resources, as well as research positions within academic and clinical settings. The program lays a solid foundation for those aspiring to pursue advanced degrees, preparing them for specialised fields such as clinical or forensic psychology.

With expert faculty and state-of-the-art facilities, Chitkara School of Psychology and Counselling ensures that its curriculum is designed to meet current industry needs. Students are encouraged to participate in seminars and workshops led by industry experts, fostering professional networking and providing insights into current trends in psychology. This combination of theoretical knowledge, practical application, and industry engagement equips students with the essential tools for success in a dynamic and evolving profession, positioning them well for a fulfilling career in psychology. The emphasis on both academic rigour and practical experience not only prepares students for immediate employment but also cultivates critical thinking and analytical skills that are invaluable in any psychological practice.







#### **Program Overview**

B.A. in Psychology program at Chitkara School of Psychology and Counselling has been designed to reflect the extensive breadth of Psychology in terms of both - the range of behavioural phenomena studied and the variety of methods and theoretical approaches employed - while allowing you to pursue a career matching your interest.

Throughout the course, you'll have one-to-one support from your professors and academic skills tutors, as well as frequent interactions with your fellow students and staff and personal academic tutor support sessions. You'll also be able to start developing industry links and networks by attending sessions with guest speakers from a wealth of areas. Our academic team, who come from a range of professional and cultural backgrounds, will help you learn through real-world context, helping you understand how your new skills are best in practice.

#### 3-YEAR

# **B.Sc in Psychology**

WITH THE OPTION TO EXTEND YOUR PROGRAM BY ONE MORE YEAR TO OBTAIN AN HONOURS DEGREE.

Our 3-Year full-time B.Sc in Psychology program offers a comprehensive curriculum designed to prepare students for successful careers in clinical psychology and related research fields. This program provides a strong foundation in psychological principles, focusing on the interplay between theory, empirical research, and practical application.

The curriculum encompasses core subjects such as Developmental Psychology, Cognitive Psychology, and Social Psychology, ensuring awell-rounded education that covers essential psychological theories and methodologies. Additionally, the program incorporates contemporary areas such as Positive Psychology and Cyber Psychology, reflecting current trends and advancements in the field. Students engage in rigorous coursework that emphasises the scientist-practitioner model, aiming to equip them with both the theoretical knowledge and practical skills required in professional settings.

Practical experience is a cornerstone of the B.Sc in Psychology degree offered at Chitkara University and what sets our degree apart from the rest. Students have the opportunity to participate in a minimum of 450 hours of internship across two placements, allowing them to apply their learning in real-world contexts. This extensive hands-on exposure takes place in diverse settings, including hospitals, mental health clinics, and corporate environments, facilitating the development of essential competencies in assessment, intervention, and research methodologies.

Our students also benefit from access to advanced facilities, including psychology laboratories equipped with standardised tests, research labs, and counselling rooms, all designed to enhance their educational experience. The program also encourages participation in symposiums, conferences, and lectures led by expert practitioners, further enriching the learning environment and keeping students abreast of the latest developments in psychology. Teaching methodologies include case studies, group discussions, and mock counselling sessions, fostering a collaborative and engaging atmosphere conducive to deep learning.

Graduates of the B.Sc in Psychology from Chitkara School of Psychology and Counselling can explore a wide range of career opportunities. They are well-prepared for roles in mental health support, research, human resources, education, and social work. The program also provides a solid foundation for those interested in pursuing advanced degrees in specialised areas such as clinical, forensic, or organisational psychology. With a focus on developing ethical professionals equipped to navigate the complexities of human behaviour, Chitkara University's B.Sc in Psychology opens the door to numerous fulfilling career paths in an ever-expanding field.







#### **Program Overview**

The program consists of a mix of core courses in Psychology and a range of elective courses from different institutions at Chitkara University.

This multidisciplinary approach helps you gain the fundamentals of the subject at your fingertips while also allowing you to expand your personal interests. The course will arm you with the best counselling and treatment procedures for mental health care. You will also gain real-world experiences through the completion of practicums and multiple mandatory internship opportunities.

As you work through your course modules, you'll have the chance to complete a range of useful assessment methods such as: individual reports, case study analyses, role-play, group presentations and reflective and personal independent assignments devised in consultation with your designated course module leader.

#### 2-YEAR

# M.Sc in Psychology

The 2-Year M.Sc in Psychology program is designed to accelerate your career in professional practice and establish you as a leader in Psychology, Counselling, and related fields. It equips you with advanced practice and research skills through a hands-on learning approach, integrating key psychological skills as well as a bio-psycho-social perspective into every aspect of the course.

The curriculum features ten cutting-edge modules, including ADVANCED PSYLearner, ADVANCED PSYChometrist, ADVANCED PSYCounsellor, ADVANCED PSYResearcher, ADVANCED PSYSocial, ADVANCED PSYExpert, ADVANCED PSYProfile, ADVANCED PSYTech, ADVANCED PSYGlobal, and ADVANCED PSYValue. These modules are designed to provide a comprehensive understanding of the diverse dimensions of Psychology, aligning with the needs of the evolving mental health landscape in India. By adhering to the 'scientist-practitioner' model, the program promotes a science-based approach, ensuring that graduates are well-equipped for roles in academic, medical, and applied settings.

Throughout the program, students gain insights into contemporary psychological theories and practices, exploring various mental health issues relevant to both adults and children. Foundational skills in interviewing, observation, and psychometric assessment are emphasised, alongside the exploration of healthcare research methodologies, including research design and ethical considerations. The culmination of this training involves a research project, allowing students to apply their skills and knowledge in real-world contexts.

Key highlights of the M.Sc in Psychology program include excellent faculty-to-student ratios, which foster a supportive learning environment. Students benefit from direct supervision by licensed clinical faculty, ensuring they receive expert guidance all through their training. The program offers varied mental health training experiences, with access to an on-campus training clinic and advanced laboratories, where students develop their practical skills under the mentorship of experienced professionals.

Upon completing the program, graduates will not only possess the competencies necessary to pursue careers as practitioners but also a solid foundation for further postgraduate training in Psychology. The diverse career pathways available include roles in hospitals, mental health clinics, research institutions, and educational settings.

Chitkara University's M.Sc in Psychology program aims to cultivate skilled and ethical professionals, grooming them for impactful careers in a field that's critical to societal well-being. With a curriculum that reflects current industry demands and a commitment to advancing mental health education, this program prepares students for success in their future endeavours.







#### **Program Overview**

M.Sc in Psychology program at Chitkara School of Psychology and Counselling offers an enriching learning experience that integrates advanced theoretical study with intensive hands-on training. This two-year program is meticulously designed to prepare students for the complexities of professional practice in psychology, equipping them with a bio-psychosocial perspective that emphasises a scientific, evidence-based approach to mental health. Through a combination of coursework, clinical supervision, and research opportunities, students gain robust expertise in core areas like assessment, evaluation, intervention, and consultation, ensuring they are ready for diverse career paths in clinical, academic, and applied settings.

In addition to comprehensive coursework, the program provides an option to undertake a dissertation, offering students an opportunity to develop research skills that are crucial for those aspiring to pursue doctoral programs in clinical research. The training model is grounded in Chitkara University's commitment to developing skilled practitioners and researchers who can apply their knowledge in real-world settings with competence and ethical sensitivity. The program's emphasis on interpersonal skills, combined with exposure to current clinical practices, prepares graduates for impactful careers in both mental health and community-based environments, addressing a growing demand for trained mental health professionals across India.

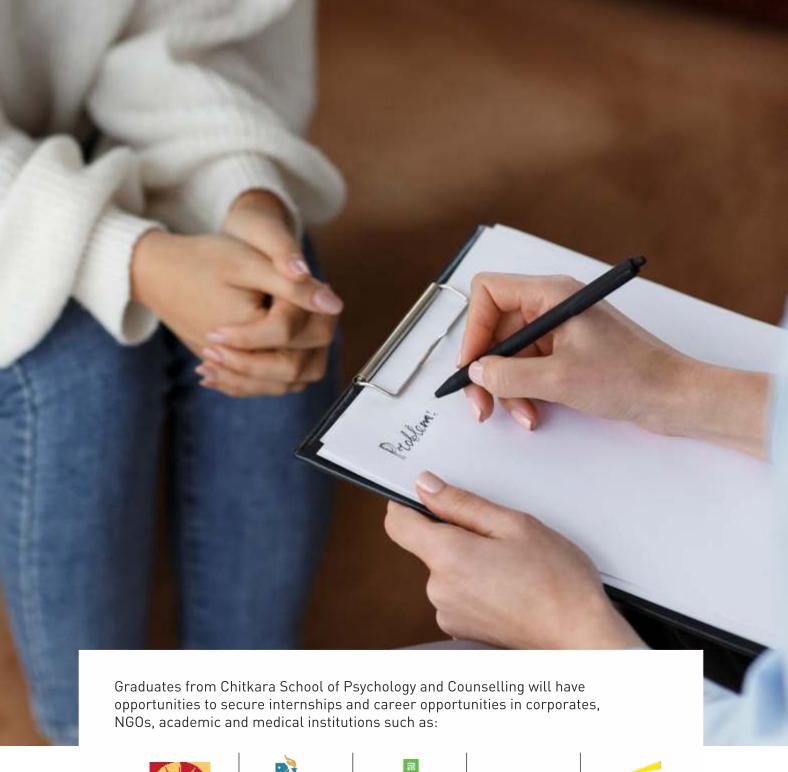


# Career Opportunities in Psychology & Counselling

Chitkara School of Psychology and Counselling prepares students with a deep, science-based foundation in Psychology, setting them apart as versatile professionals ready to meet today's urgent mental health and wellness needs. With a comprehensive blend of theory, practice, and research, our strategically designed programs equip graduates with skills that are widely applicable across fields, making them highly sought-after across various industries.

The demand for Psychology graduates is expanding rapidly, with career opportunities extending far beyond traditional clinical roles. In India, the need for mental health professionals is on the rise, and with limited professionals in the field, the job market for psychology graduates is vast. The Indian Council of Medical Research (ICMR) highlights that there's currently only one psychologist for every 1.3 million people, indicating a significant gap in mental health service availability. This scarcity translates into ample career potential across clinical, organisational, forensic, and rehabilitation psychology, as graduates find themselves equipped to meet this growing need in various sectors.

Our graduates, skilled in interpersonal, analytical, and research abilities, are ready for diverse fields like healthcare, education, consulting, and social services. Roles such as organisational and sports psychologists are increasingly vital, enhancing leadership, well-being, and mental resilience in society.





Our unique emphasis on hands-on training ensures that graduates not only thrive in roles directly related to Psychology but are also valued in fields like human resources, market research, and organisational development. Many also pursue higher studies, including doctoral programs, to specialise in areas such as Neuropsychology, Forensic Psychology, or Educational Psychology.

Psychology graduates from Chitkara School of Psychology and Counselling can explore a diverse range of career paths, finding opportunities in hospitals, clinics, research institutes, educational institutions, government organisations, and corporate settings. These professionals are increasingly valued in human-centric fields, as businesses, schools, and healthcare facilities alike recognise the importance of psychological insights in fostering growth and well-being.

#### SOME PROMINENT CAREER OPTIONS INCLUDE:

- **Clinical Psychologist:** Working in hospitals or private practice, diagnosing and treating mental health disorders.
- **Counselling Psychologist:** Providing therapeutic support in settings like schools, wellness centres, or corporate programs.
- **Organisational Psychologist:** Consulting with businesses to improve employee well-being and productivity.
- **Forensic Psychologist:** Working with law enforcement or legal teams to provide psychological assessments and analyses in criminal cases.
- **Educational Psychologist:** Supporting the learning and development of students within school systems.
- **Health Psychologist:** Helping individuals manage illnesses and promoting overall wellness in healthcare settings.
- **Sports Psychologist:** Enhancing the performance and resilience of athletes in collaboration with sports organisations.
- Market Researcher or Consumer Psychologist: Analysing consumer behaviour to assist businesses in understanding market trends.
- Career Counsellor: Guiding students or professionals in making informed career choices based on psychological insights.
- **Human Resources Specialist:** Applying psychology principles to recruitment, training, and employee relations.
- Academic Psychologist: Conducting research and teaching at educational institutions to advance the field.



# B.A. IN PSYCHOLOGY B.Sc IN PSYCHOLOGY M.Sc IN PSYCHOLOGY



#### **UNIVERSITY CAMPUS**

Chandigarh-Patiala National Highway Punjab-140 401 | India

#### **INFORMATION CENTRE**

Unit No. A 201-202, Elante Mall Office Complex Industrial Area Phase I, Chandigarh, 160002

#### www.chitkara.edu.in

admissions@chitkara.edu.in

#### Admissions Helpline:

+91 95011 05714 | 95011 05715

For more information about our programs give a miss call on **1800 267 1999** 

WhatsApp 98590 00000

