

# BUILD YOUR CAREER IN PSYCHOLOGY AND BEHAVIOURAL SCIENCES



CHITKARA SCHOOL OF PSYCHOLOGY AND COUNSELLING

**CHITKARA**  
UNIVERSITY



ACADEMIC YEAR 2022  
3-Year B.A. (Hons.) Psychology  
2-Year M.A. in Clinical Psychology





## **CHITKARA** School of Psychology And Counselling

---

Our Psychology programs are designed to explore human behaviours across the key areas of social science. Whether you're ready to study Psychology at bachelor's or master's level, our program will teach in-depth subject knowledge and transferable skills that employers from a huge range of industries will value.

---

# WELCOME TO CHITKARA UNIVERSITY

Chitkara Educational Trust established its Punjab campus in the year 2002 on Chandigarh-Patiala national highway which is 30km from Chandigarh. In the year 2010, Chitkara University was established by the Punjab State Legislature under "The Chitkara University Act".

Chitkara University is a government recognised University with the right to confer degrees as per the Sections 2(f) and 22(1) of the UGC Act, 1956. Chitkara University, Punjab, is a multi-discipline student centric campus with more than 20,000 students.

## **SMALL WORLD**

It is the cumulative effect of an elaborate in-campus academic infrastructure; strong national and international collaborations; and a robust on-campus recruitment record—including regular recruitment by reputed blue-chip companies—that the University finds favor with national as well as international students.

At Chitkara University, Education is not only "State-of-the-art" but truly "State-of-the-heart". Everything we do shares the same mindset.

In accordance with Chitkara University strategy, we allocate maximum resources for excellence in teaching and learning. Our approach at Chitkara University is learning-centric, enhancing knowledge, skills and understanding through practical exposure.

Our approach at Chitkara University is learning-centric, enhancing knowledge, skills and understanding through practical exposure.

## **INDUSTRY-LED COURSES**

We maintain close links with leading blue-chip companies and professional associations to deliver our academic programs accordingly.

Strong corporate relationships also have a direct influence on our programs and have resulted in our "industry facing" curricula. This ensures that our education is up to date and valued by the employers.

## **GREAT CAMPUS RECRUITMENT**

Chitkara University has established an unassailable reputation for strong campus recruitment on the sheer virtue of our focus on making our graduates "industry ready".

## **START ME UP**

The possibility to combine business and technology in their studies gives our students unique opportunities to build their future careers, be it through top-class companies or capitalising on their own innovations in order to create new businesses.

Chitkara University is your launch pad.







# CHITKARA UNIVERSITY IS **NAAC A+** ACCREDITED

Chitkara University has been accredited with coveted A+ grade by National Assessment and Accreditation Council (NAAC) which now firmly positions us among the top 5% Higher Education Institutions of the country. This bears testimony to our unique blend of distinguished faculty, brilliant and intellectual students, world class research labs coupled with proactive industry collaborations.

Chitkara Education brings with it a reputation that has been earned through years of serving career needs of the student community. Sincere thanks to all our students, parents and industry stakeholders for putting their trust in us.



# NAAC

NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL







# CITY BEAUTIFUL Chandigarh

## A MILLION PEOPLE; INFINITE POSSIBILITIES

Chandigarh is undergoing rapid urbanisation and the transformation has been holistic and all-inclusive. Over the years, the city has made remarkable progress in terms of physical infrastructure and the business environment and has emerged as an economic growth centre with one of the highest per capita incomes in India.

Ample opportunities are available to work and grow in the IT, BPO and pharmaceutical sector in the region. It has proved to be a magnet for potential employers and employees.

The open hand is the official emblem of Chandigarh; it symbolises the city's philosophy of being "open to give" and "open to receive". Chandigarh has seen the growth of some major start-ups over the last few years. The city has kept in pace with the ever evolving education industry to become the one stop for all education needs. This makes Chandigarh ideal for students who wish to enjoy the blend of rich culture of the city life and the peaceful and calm environment that Chandigarh offers.

Chandigarh is easily accessible from Delhi, Haryana, Punjab and Himachal Pradesh and metropolitan cities with various modes of transportation, viz. buses, trains and direct flights both national and international from Dubai, Singapore, Sharjah, etc.





**CHITKARA**  
School of Psychology  
And Counselling



**As a Psychology student at Chitkara School of Psychology and Counselling, you'll develop the tools to help others and combat society's greatest challenges by studying human behavior, emotion, and diverse cognitive function. The study of Psychology will give you an in-depth understanding of the diverse nature of people and how the human mind works. You'll also learn how to think scientifically while cultivating a strong sense of ethics to guide your research and testing.**

Psychology is a popular subject because it has relevance to so many areas of everyday life. It is of interest to anyone who wants to understand what causes certain elements of human behaviour and how knowledge of that behaviour can be applied. As a Psychology student at Chitkara University, you will explore how people act and interact, both as individuals and in groups, while analysing the thoughts and feelings that underlie specific behaviours.

Our Psychology with Counselling program has been designed for those who want to study psychology and wish to work in counselling. Studying this specialised counselling program will provide you with an entry point into diverse and sought-after counselling related qualifications, training, and study options, giving you many exciting career paths to choose from.

During the program in Psychology, you'll study a variety of interesting and stimulating subject modules that have been designed to engage you in fascinating topics within Psychology, enabling you to develop sought after and career focused skills. As such, Psychology graduates are attractive to

organisations due to their understanding of human behaviour, expertise in research, and ability to handle data. Studying Psychology courses with Chitkara University will provide you with multiple future career and study options, and you'll have access to modern, digital learning tools as you study. You'll also have full support from our dedicated academic team, who are internationally respected industry practitioners, published authors, and PhD holders in the Psychology field.

Our programs have been designed with your career in mind. Through the use of elective modules, you have the power to tailor the focus of your program and to specialise in areas that are more aligned with your career aspirations. This provides you with control over your learning and gives you the opportunity to discover and experience ideas and concepts from a range of different areas within Psychology.

By the time you graduate, you'll have the confidence and ability to apply your knowledge of Psychology to a range of exciting career paths and further learning opportunities.



## Facilities

Learning is supported by purpose built labs which allow students to collect data from human participants using the same resources as professional psychologists. These facilities include the psycho-physiology laboratory, the observation laboratory, and the cognitive Psychology laboratory.

Students can use these facilities to carry out cognitive and psycho-physiological investigations. For example, the sophisticated eye tracker can trace eye positions on a computer screen. Collecting a wide range of data using these resources gives students the opportunity to enhance their knowledge of psychological methods and analysis, as well as helping them to gain first-hand experience of complex psychological research.

## 3-YEAR

# B.A. (Hons) Psychology



**Are you interested in developing a scientific understanding of the human mind? Are you interested in understanding what drives human motivation and behaviour. B.A. (Hons) in Psychology will introduce you to a wide range of contemporary research and support you in developing key knowledge, skills and abilities that are essential in pursuing a career within Psychology.**

In your first academic year of study, you'll learn about Social, Cognitive, Developmental and Biological Psychology, as well as studying the important areas of research methods and individual differences. In your two subsequent years on the course you'll be able to choose specialised 'elective' modules, which include the major discipline areas of Clinical Psychology, Occupational Psychology, Health Psychology, Forensic Psychology, Educational Psychology, Neuropsychology, as well as Sports and Exercise Psychology and Counselling. You'll also have the option to learn about new, contemporary areas of Psychology including Political Psychology, Gender and Sexuality, Positive Psychology, Coaching Psychology and Cyber Psychology.

On the course you'll study a variety of interesting and stimulating subject modules that have been designed to engage you in fascinating topics within Psychology, enabling you to develop sought after and career focused skills. During your second and third academic years of study you'll be able to select specialised modules to fine tune your program to the areas of Psychology you find most interesting and personally rewarding. Your studies will culminate with choosing an area of Psychology on which to focus and produce your own research project at the end of your final year.

Throughout the course you'll have one-to-one support from your lecturers and academic skills tutors, as well as frequent invitations with your fellow students and staff and personal academic tutor support sessions.

You'll also be able to start developing industry links and networks by attending sessions with guest speakers from a wealth of areas. Above all, our academic team, who come from a range of professional and cultural backgrounds, will help you learn through real-world context, helping you understand how your new skills are best applied in practice.

During our program, there will be rigorous training in the core subjects of Psychology, extensive skills in research and statistical methods and a holistic outlook through exposure to multidisciplinary pedagogy.

The curriculum at Chitkara School of Psychology and Counselling fosters a vibrant culture of learning, exploration and growth. The advantage for students is that it helps them embark on various academic pursuits during their program while helping to prepare them for future opportunities. Graduates of such programs are prepared for all options after their BA (Hons) Psychology: to pursue higher education, research, or take up employment.





## Career Options

The B.A. (Hons) program in Psychology can be a good choice whether you plan to get an entry-level job right after completing your undergraduate or after a post-graduate course. These students will use their Psychology grounding to assist them in what are essentially roles where they can be effective given their understanding of Psychology.

Psychology is a very diverse field and your choices depend on your interests and specialisations. Besides direct practice, Psychology has application in many other fields such as law, marketing, human resources and teaching. Since Psychology is about understanding and explaining human behaviour through systematic processes, a graduate will be of value in any role that involves working with others or where understanding human behaviour is critical.

### **Some such entry-level roles could be in:**

Human Resource Management | Marketing Research | Criminal Law | Advertising | Sales

These roles call upon multiple skill sets including interpersonal skills, research methods, creative and critical thinking skills and insights into behaviours that you learn in undergraduate Psychology programs.

Apart from the above, there are several opportunities available in areas more directly linked to the practice of Psychology including but not limited to:

Therapy | Social Work | Counselling | NGOs



## Course Highlights

The program consists of a mix of core courses in Psychology and a range of elective courses from different institutions at Chitkara University.

This multidisciplinary approach helps students gain the fundamentals of the subject at their fingertips while also allowing them to expand their personal interests. The course will arm students with the best counselling and treatment procedures for mental health care. They will also gain real-world experiences through the completion of practicums and multiple mandatory internship opportunities.

As you work through your course modules you'll have the chance to complete a range of useful assessment methods such as; individual reports, case study analyses, role-play, group presentations and reflective and personal independent assignments devised in consultation with your course module leader.

### Some of the courses taught are:

Introduction to Psychology | Development Across the Lifespan | Cognitive Psychology | Social Psychology  
 Critical Thinking and Academic Writing  
 Statistical Methods for Psychological Research  
 Environmental Psychology | Educational Psychology  
 Brain and Behaviour | Counselling Psychology  
 Statistical Methods for Psychological Research  
 Forensic and Criminal Psychology  
 Industrial-Organization Psychology

### Research Methods:

Quantitative | General Elective  
 Clinical Psychology | Psychology of Personality

Eligibility +2 (Any Stream)  
 Minimum Aggregate 50%

Fee Per Semester	₹57,000
ERP/CAS	₹20,000

## 2-YEAR

# M.A. in Clinical Psychology



**2-Year M.A. program in Clinical Psychology offers masters-level clinical training that will provide you with the practical experience and knowledge you need to fast-track your future career in clinical practice. You will acquire an advanced understanding of clinical practice and research with a hands-on approach to learning, with the training of key clinical skills embedded in all elements of this course.**

As part of this Master's program in Clinical Psychology, you will gain an up-to-date knowledge of clinical Psychology theory and practice, including research. You will study different ways of understanding mental health problems in adults and children, and share insights into relevant theories and the latest practice models applicable to the Indian conditions.

You will be introduced to the foundation skills of clinical Psychology practice, including interviewing, observation and psychometric assessment.

You will also learn about research in healthcare, looking at issues such as research design, governance and ethical considerations before going on to conduct your own piece of research.

At the end of this program, our students will have research skills that can be applied to primary, secondary and tertiary healthcare settings foundation knowledge of Clinical Psychology approaches, theories and models a strong foundation for further postgraduate training in Clinical Psychology or work as an assistant psychologist.

This course is intended for Psychology graduates interested in careers as practitioners or researchers.

We believe the best way to learn how to become a mental health clinician is through practice and immediate active hand-on practice in the mental health field. so students begin training in two different mental health practica during the first month of the program.

Some other highlights of this program are:

- ✔ **Excellent faculty to student ratios**  
Students work closely with and are supervised directly by licensed clinical faculty.
- ✔ **Access to diverse skills and perspectives**  
Faculty have research and clinical expertise in trauma, serious mental illness, relationships, community mental health, and work with various communities.
- ✔ **Varied mental health training experiences**  
This includes an onsite mental health clinic, a residential treatment program for various University stakeholders.





## Career Options

The program is designed to provide the clinical training, experience, and skills that place graduates at a competitive advantage in the career pathways to professional clinical practice. Providing insight and instruction of healthcare team and clinical practice, graduates are provided with a secure foundation for clinical practice and research, and privileged preparation and perspective on further training opportunities. This has meant that many of our graduates successfully progress onto doctoral training in Clinical Psychology, or secure clinical roles in the hospitals or third-sector organisations.

Students holding an M.A. in Clinical Psychology can work in consulting with top corporate executives and they can also work as a medical counsellor in hospitals. Social Service and Mental Health Career are two of the most popular career options for postgraduate students.

Students can also get the opportunity to work directly with patients who are struggling with mental illness and other ailments.

Studying this course will set you up with the knowledge and professional skills to move into a range of health service and research careers. It is particularly good preparation for work as an assistant psychologist, and a foundation for further postgraduate training or research in clinical Psychology.

- There will wide variety of career options such as
- ✓ Assistant Psychologist
  - ✓ Trainee Psychological Wellbeing Practitioner
  - ✓ Mental Health Support Worker
  - ✓ Special Educational Needs Teaching Assistant
  - ✓ Research Assistant



## Course Overview

Some of the courses taught are:

- ✔ Clinical Psychology: Diagnosis and Assessment
- ✔ Psychology of Personality
- ✔ Psychopathology
- ✔ Advanced Research Methodology and Design
- ✔ Counselling Psychology
- ✔ Advanced Biological Psychology
- ✔ Advanced Statistics
- ✔ Child and Adolescent Psychopathology
- ✔ Neuropsychology
- ✔ Therapeutic Techniques
- ✔ Psycho Diagnostics
- ✔ Positive Psychology
- ✔ Rehabilitation Psychology
- ✔ Health Psychology

### Opportunities for research

In addition to our traditional clinical training program, we also will offer a research track. This track provides a way to gain research experience, which is ideal for students who may want to later apply to clinical research doctoral programs.

Eligibility Graduation (Any Stream)  
Minimum Aggregate 50%

Fee Per Semester	₹57,000
ERP/CAS	₹20,000

**CHITKARA**  
UNIVERSITY



**UNIVERSITY CAMPUS**

Chandigarh-Patiala National Highway  
Punjab-140 401 | India

**NAAC**  
**ACCREDITED**



[www.chitkara.edu.in](http://www.chitkara.edu.in)  
[admissions@chitkara.edu.in](mailto:admissions@chitkara.edu.in)

**Admissions Helpline:**

**+91 95011 05714 | 95011 05715**

For more information about our programs  
give a miss call on **1800 267 1999**

**WhatsApp 98590 00000**