

## **UG Programs**

### Chitkara Business School

Event Details	
Event Name	Carrer Counselling
Topic	Career counselling session and Roadmap for a scintillating Future
Date	2024 - 01-22 to 2024 - 01-25
Mode	Offline
Organizer Name	Dr. Sarabjeet Singh, Dr. Jyoti Verma, Dr. Sonia Antil, Dr. Neha
Resource Person	Sanjay Arora   Employability Coach; Managing Director, Rishma Dua   Counselling Psychologist, Teesta Sandhu   Proprietor
No. of Participants	200
SDG No	SDG 4: Quality Education , SDG 9: Industry , Innovation and Infrastructure

#### Objective:

- 1) Knowing the worth of being yourself.
- 2) Encourage knowledge sharing for better academic performance
- 3) Platform for open discussion on how to become a successful .
- 4) Delve interpersonal skills for overall growth .
- 5) Foster an environment for learning about personal career growth .

#### Description:

In the present dynamics, the career counselling session titled "Find your IKIGAI: A career counselling session and roadmap for scintillating future" by Mr. Sanjay Arora and his team provides BBA FinTech students an unparalleled platform where the students get to know about the worth of their existence as a human being as the term IKIGAI literally means "the reason for being" which means your IKIGAI is your life purpose or your bliss. It's what brings you joy and inspires you to get out of bed every day. The four parts of the IKIGAI, what you love, what you are good at, what you can be paid for and what the world needs were very well taken care by the speakers. Also speakers talk about the relevance of academics and its performance impact on ones' career followed by deep dive information about how to develop better interpersonal skills and giving them the platform to discuss about their career and their expectation at large individually.

#### Outcomes:

- 1) Better understanding of self-existence.
- 2) Insights into effective strategies of being a better version of yourself.
- 3) Identification of key areas for operational improvement and efficiency.
- 4) Motivating them for better academic performance for better future prospects .
- 5) Improvement in their interpersonal skills and individual career counselling .



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Speakers with students & faculty (22.01.2024)

Speakers delivering session (22.01.2024)



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